

COMMON SENSE NUTRITIONAL THERAPY PRICE SHEET

FULL COMPREHENSIVE CONSULTATION **\$ 99.00**

Couple price: \$175.00 (\$24 savings, same day appt.)

*Includes: Thorough Questionnaire, Food Journal Review, Report of Findings & Recommendations. We work with each of our clients to find the foods, allergens, and toxins that are harming health and make recommendations for new menu's that are simple, easy to do, and reasonable in costs. **Something as simple as a menu can be the difference!** Additionally, we recommend food concentrates that can assist in this transitional process. The nutrients are chosen based on the Report of Findings. The Report of Findings is then reviewed virtually. This also allow opportunity for questions to be addressed.*

~When organs and systems are supported, healing begins.~

PHONE APPOINTMENTS **\$ 29.00**

HAIR ANALYSIS TEST **\$ 75.00**

This test is simple, done at home. A kit is mailed and instructions are easy. Once the results are mailed in and the Report of Findings is received, a virtual conversation is scheduled to review. This test has proved valuable in determining toxicity and mineral stores. Minerals are so essential, low levels can contribute to many health challenges.

Note: Our virtual format helps us work closely with our clients without the extra fees for office visits and travel expense. Looking forward to working with you.

We work with our clients on a need basis. Once a Comprehensive Consultation is complete, we encourage several follow up virtual conversations, at a minimum, to monitor the progress being made and assist in the transitional phase. Making changes to lifestyle and diet are challenging and we want to assure the best outcome by walking out this process together. Although each client is unique, we adjust the quantity of virtual conversations as the need presents. Of course, we remain available to help as each client has need in the future.

Whole Food Supplements are recommended. They are a separate charge, and vary in price



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